Day Care Surgery, is a concept, offering planned, non-emergency surgery. A Day Surgery Center is a multispecialty, stand alone, surgery centre, with extended stay facility. Which means, that, a patient requiring surgery, can enter DSC and get discharged on the same working day. A well equipped OT and a few hours of recovery time, is mandatory.

So, just like the evolution in Cricket from Test matches to ODI has taken place gradually, similarly, in surgery too prolonged hospitalisation has slowly but surely given way to shorter stay and now it is possible to perform surgeries without overnight hospitalisation! Surgeries like Cataract and Cosmetic enhancements have become a matter of few hours, just like IPL in Cricket! Newer innovations and availability of better monitoring instruments and anaesthetic medications, has made this concept more and more popular.

The added advantage of Day Surgery is significant saving of your time and money. Faster recovery and early return to normal routine, with minimal inconvenience to you and your family.

While discharging you from the hospital, we make sure that you are reasonably fit to go home or to your hotel. Any assistance that you may require, will be provided by a team of doctors. In case you are not fit to be discharged, then you may be asked to stay back overnight for observation.

Among several surgeries, the most common cases that can be performed as Day Surgery, in selected cases are:

**General Surgery:**
- Hernias, Hydrocele, Varicocele, Vasectomy, Piles excision,
- Fistula ex, Fissure ex, Pilonidal sinus ex, Abscess drainage,
- Circumcision, Biopsies, Sebaceous cyst ex, Lipoma ex, Corn removal, Ear lobe repair, FNAC, Lymph node bx, Breast lump ex, etc.

**Ophthalmic surgeries:**
- Cataracts with lense implants, Glaucoma surgery, most uncomplicated eye surgeries.

**ENT:**
- Tympanoplasty, Grommet insertion, Myringotomy,
- Stapedectomy, Tonsillectomy, Adenoidectomy, Antral puncture,
- Septoplasty, Foreign body removal, etc.

**Gynaecology surgery:**
- D&C, Cervical bx, Diagnostic Laparoscopy, Tubal ligation,
- MTPs, Hysteroscopy, etc.

**Pediatric Surgery:**
- Umbilical & Inguinal Hernia, Orchidopexy, Circumcision, Rectal polyp ex & bx, Scopies, Lymph node and other bx, Ex of skin lesions, etc.

**Urology:**
- Cystoscopy, Orchidopexy, Vas-vasal anastomosis, Testicular bx, TVT for stress incontinence, Varicocelectomy, etc.

**Laparoscopic surgeries:**
- Cholecystectomy, Appendicectomy, Hernia repair, Ovarian cyst ex., Diagnostic, Assisted Hysterectomy, etc.

**Oncosurgery:**
- Excision of skin lesions and tumours of the extremities. All types of biopsies, Oral/Tongue lesions, Breast lump ex., Portacath insertion, etc.

**Orthopaedics:**
- Closed reduction of selected fractures, Plastering, Arthroscopy (Dilig & Op.), Intra-articular local injections, Soft tissue surgeries like ganglion, nerve/tendon release, etc.

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*Susruta (5th Century BC) The Great Surgeon of Ancient India*

Among the many distinguished names from ancient Indian medicine, that of Susrutā stands out in particular. Whose compilation “Susruta Samhita” is devoted to surgery. Many of the surgeries he performed and described, are still being used in modern medicine, the world over, as Day Care Surgery. Susruta is depicted here performing an otoplastic surgery.
One Day Surgery Center

BABULNATH HOSPITAL

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