

# One Day Surgery Times

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[www.onedaysurgeryindia.com](http://www.onedaysurgeryindia.com)

## ADSCON 2016

29th-30th April, 2016 at Bangaluru.

[www.adscon2016.com](http://www.adscon2016.com)



Day Care Surgery, is a concept, offering planned, non-emergency surgery. A Day Surgery Center is a multispecialty, stand alone, surgery centre, with extended stay facility. Which means, that, a patient requiring surgery, can enter DSC and get discharged on the same working day. A well equipped OT and a few hours of recovery time, is mandatory.

So, just like the evolution in Cricket from Test matches to ODI has taken place gradually, similarly, in surgery too prolonged hospitalisation has slowly but surely given way to shorter stay and now it is possible to perform surgeries without overnight hospitalisation! Surgeries like Cataract and Cosmetic enhancements have become a matter of few hours, just like IPL in Cricket! Newer innovations and availability of better monitoring instruments and anaesthetic medications, has made this concept more and more popular.

The added advantage of Day Surgery is significant saving of your time and money. Faster recovery and early return to normal routine, with minimal inconvenience to you and your family.

While discharging you from the hospital, we make sure that you are reasonably fit to go home or to your hotel. Any assistance that you may require, will be provided by a team of doctors. In case you are not fit to be discharged, then you may be asked to stay back overnight for observation.



**Susruta (5th Century BC) The Great Surgeon of Ancient India**

Among the many distinguished names from ancient Indian medicine, that of Susruta stands out in particular. Whose compilation "Susruta Samhita" is devoted to surgery. Many of the surgeries he performed and described, are still being used in modern medicine, the world over, as Day Care Surgery. Susruta is depicted here performing an otoplastic surgery.

Among several surgeries, the most common cases that can be performed as Day Surgery, in selected cases are:

### General Surgery:

Hernias, Hydrocele, Varicocele, Vasectomy, Piles excision, Fistula ex, Fissure ex, Pilonidal sinus ex, Abscess drainage, Circumcision, Biopsies, Sebaceous cyst ex, Lipoma ex, Corn removal, Ear lobe repair, FNAC, Lymph node bx, Breast lump ex, etc.

### Ophthalmic surgeries:

Cataracts with lense implants, Glaucoma surgery, most uncomplicated eye surgeries.

### ENT:

Tympanoplasty, Gormmet insertion, Myringotomy, Stapedectomy, Tonsillectomy, Adenoidectomy, Antral puncture, Septoplasty, Foreign body removal, etc.

### Gynaecology surgery:

D&C, Cervical bx, Diagnostic Laparoscopy, Tubal ligation, MTPs, Hysteroscopy, etc.

### Paediatric Surgery:

Umbilical & Inguinal Hernia, Orchidopexy, Circumcision, Rectal polyp ex & bx, Scopies, Lymph node and other bx, Ex of skin lesions, etc.

### Urology:

Cystoscopy, Orchidopexy, Vaso-vasal anastomosis, Testicular bx, TVT for stress incontinence, Varicocele, etc.

### Laparoscopic surgeries:

Cholecystectomy, Appendectomy, Hernia repair, Ovarian cyst ex., Diagnostic, Assisted Hysterectomy, etc.

### Oncosurgery:

Excision of skin lesions and tumours of the extremities. All types of biopsies, Oral/Tongue lesions, Breast lump ex., Portacath insertion, etc.

### Orthopaedics:

Closed reduction of selected fractures, Plastering, Arthroscopy (Diag. & Op.), Intra-articular local injections, Soft tissue surgeries like ganglion, nerve/tendon release, etc.

**THE INDIAN ASSOCIATION OF DAY SURGERY**  
PRESENTS

**ADSCON-2016**  
29<sup>th</sup> - 30<sup>th</sup> April 2016 - Bengaluru - India  
First Information Brochure

**8th Annual Conference**

**The Association of Day Surgery Conference - an unique event covering multi-disciplinary specialties.**

**This 8th Annual conference is leaded with Workshops, Guest lectures, Panel discussions, Live Demos, which will touch upon the nuances of Day surgery**

**DAY SURGERY**

Venue:  
**Rajarajeswari Medical College & Hospital**  
Kengeri, Bengaluru, Karnataka - India  
www.rmch.org

For Online registrations & other details visit us at: [www.adscn2016.com](http://www.adscn2016.com)  
EARLY BIRD DISCOUNTS VALID TILL - 30th Jan 2016 Registration Details overleaf

**ADSCON-2016**  
29<sup>th</sup> - 30<sup>th</sup> April 2016 - Bengaluru - India  
First Information Brochure

**Highlights of the Conference**

**Workshop - 1**  
For Nurses & Paramedics on :  
Care & Sterilization of  
Laparoscopic Instruments

**Workshop - 2**  
For Specialists & PGs :  
Live Demo of Laparoscopic surgeries  
under hypobaric anaesthesia leading  
to patient ambulation in 90 minutes.

**Workshop - 3**  
Hands on Training on Pelvic trainers, Mannequins, Lapmentors  
Hands on Workshop chargeable at Rs.1000 (limited to 20 seats only)

**Confirmed International Faculty:**

Prof. Gamal Mohammed  
Dr. Ian Jackson  
Dr. Carlo Costoro  
Prof. Zhenzhong Zhang  
Prof. Tomoshige Shigyo

- President IAAS, Hungary  
- Immediate Past President IAAS, UK  
- Academic convener, Past President IAAS, Italy  
- President, China Ambulatory Surgeries Alliance  
- President Japan

For Any queries Contact Dr. Rangalakshmi at 09907703030

**Registration Details:**

	Upto 30th Jan 2016	From 1st Feb to 15th April	From 15th April onwards
All Consultants	2500	3000	3500
Nurses & Paramedics	1500	2000	2500
Pgs & Students	1000	1500	2000

The Registration includes - enrolment for scientific sessions, Conference gift kit  
Workshop, All conference Lunch & Breakfasts, Gala Banquet dinner  
communications pertaining to online registrations may be sent to : [adscn2016@gmail.com](mailto:adscn2016@gmail.com)  
Scientific Papers & Abstracts, E-Posters may be sent to : [adscnscientific@gmail.com](mailto:adscnscientific@gmail.com)  
Visit us at : [www.adscn2016.com](http://www.adscn2016.com)

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29<sup>th</sup> - 30<sup>th</sup> April 2016 - Bengaluru - India

**Founder Committee**

Dr. T. Naresh Row  
President

Dr. Nisha Khushalani  
Honorary Secretary

Dr. Paras Jain  
Treasurer

Dear Friends,

It gives me immense pleasure in inviting you to Bangalore to be a part of ADSCON 2016, the 8th annual conference of the Association of Day Surgeons of India. In today's times of changing practices in healthcare, Ambulatory surgery or the day care surgery is assuming prime importance. Any speciality from the medical fraternity can adopt day care surgery concept for their suitable cases, which will ultimately reduce the cost of treatment and will avoid prolonged hospitalization & its problems. Short stay surgery is a very well accepted norm in most of the developed countries and has changed the entire health care delivery system. In USA 70% of all surgeries are Day surgeries. Even the medical insurance companies have now started encouraging day surgeries to a great extent. I am sure Experts in their fields deliberating in ADSCON 2016 will go a long way in helping the medical professionals understand and adopt this concept in their day to day practice.

Dr. Roshan Kumar B.N  
Organizing Chairman - ADSCON 2016

**Local Organizing Committee**

**Organizing Chairman**  
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RMCH - Bengaluru

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RMCH - Bengaluru

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29<sup>th</sup> - 30<sup>th</sup> April 2016 - Bengaluru - India  
Visit us at : [www.adscn2016.com](http://www.adscn2016.com)

**Information karnataka - Bangalore**

Karnataka is a tapestry of colours, cultures, flavours, landscapes, timelessness and heart stopping beauty. It's a place where vibrant worlds seamlessly meld into one another every few hundred kilometers.

Sedate plains, dizzying mist covered hilly heights, white-watered freefall to become languid rivers that flow past cities where time has stopped altogether.

Bangalore city, is becoming a hub for day care surgeries, the city that never sleeps, has something to give everyone from shopping to temples to vibrant nightlife. Bangalore is the hub for IT and automobile industry. exotic day/short trips could be made from Bangalore which includes everything one could think of, be it forest, ghats, beach, or simply a pilgrimage trip.

**Rajarajeswari Medical College & Hospital**

### Surgery & discharge on same day for:

Hernia, Piles, Fistula, Fissure, Diabetic foot, Pilonidal sinus, Ingrown toe nail, Lipoma, Sebaceous cyst, Abscess, Circumcision, Vasectomy, D & C, Tubal Ligation, Diagnostic Lap; etc. (In selected cases)

**Extended stay:** Appendix, Gall stones, Hystrectomy, etc.

**Other Surgeries related to:** Paediatric, Urology, Plastic, ENT, Vascular. Chemotherapy & related treatment. (Please take prior appointment).



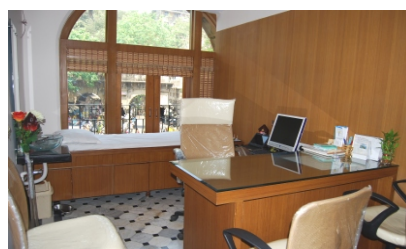
## One Day Surgery Center

**BABULNATH HOSPITAL**

**An exclusive Day Care Surgery Center with 24 hours nursing care & extended stay facility**

15, Sadguru sadan, Opp. Babulnath Mandir, Babulnath Road, Mumbai-400 007. **Tel.:** 23674758, **Fax:** 2367 5221

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**Patient's convenience and safety is our prime concern.**

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